

**Our Lady of Mt. Carmel Church  
presents an**

**14 Day Pilgrimage & Cruise to Italy, Greece & Turkey**

**July 22<sup>nd</sup> – August 4<sup>th</sup>, 2009**

**YOUR TRIP INCLUDES:**

- Round trip air from Newark (call for add-ons from other cities) -Taxes included
- First Class 3 & 4 Star Hotels
- Breakfast & Dinner Daily at hotels
- Air-conditioned motor coach
- English speaking guide
- Sightseeing as per itinerary (except on the cruise where excursions are optional)
- Cruise on the Costa Romantica
- Breakfast, Lunch and Dinner while onboard the Cruise ship
- Porterage of one piece of luggage at hotels
- All taxes and service charges
- Daily Mass and Rosary

**HIGHLIGHTS:**

- Rome by Night Tour
- Visit of the **Tomb of Padre Pio to see his Exhumed Body**
- Panorama of Naples
- Tour of Florence including the Cathedral of Santa Maria del Fiore and the Baptistry
- Cruise on the Costa Romantica visiting Italy, Greece & Turkey

**NOT INCLUDED:**

- Items of a personal nature. All excursions while onboard the cruise ship are optional and at the expense of the passenger.

**ITINERARY**

Wed, July 22<sup>nd</sup>: Newark/Rome - Depart on your overnight flight to Rome. Dinner served in flight.

Thu, July 23<sup>rd</sup>: Rome - Upon arrival in Rome you are transferred to your hotel. En route we stop at St. Paul Outside the Walls. Remainder of the day is free. After dinner we have a "Rome by Night Tour." We see the Coliseum, the Forum, Monument to Victor Emmanuel, Piazza Navona and the Trevi Fountain.

Fri, July 24<sup>th</sup>: Rome/San Giovanni Rotondo - **Extraordinary visit to the Tomb of Padre Pio to view his exhumed body** – Morning departure to San Giovanni Rotondo. Upon arrival, we go to Santa Maria delle Grazie to join the procession that leads to Padre Pio's Tomb. After our visit our day is free for private devotion.

Sat, July 25<sup>th</sup>: San Giovanni Rotondo/Naples/Rome - Morning departure to **Rome**. En route we stop in **Naples**. Upon arrival in Naples, we have a panorama of the city which includes a stop at the Chiesa Gesu Nuovo (Church of the New Jesus). After our visit we drive to Plebiscite Square to see the front of the Royal Palace and the beautiful church of St Francesco di Paula in its neoclassical style. We continue to the Town Hall Square and the New Castle built by the French Family of Anjo. At Posillipo admire the wonderful views of the city. We stop at the port of

Santa Lucia for lunch, on own own, and to walk around and take in some of the most colorful scenes of Naples. Once an old fishing port now, Santa Lucia, is the jet set part of town with its' trendy restaurants and Luxury hotels. Late afternoon departure to Rome. (B,D)

**Sun, July 26<sup>th</sup>: Rome/Florence/Rome** - Early morning departure to **Florence**. Upon arrival we meet our local guide for a walking tour of the city. Our tour includes of the priceless treasures of Florence - Piazza del Duomo, center of religious life in medieval Florence. You'll see the Baptistery with its' masterfully crafted bronze doors – Michelangelo declared them the “Gates of Paradise.” Next to the Academy to see Michelangelo's David. We end our tour at the Basilica of Santa Croce. After our tour we have free time for lunch and to visit Florence on our own. Late afternoon return to Rome.

**Mon, July 27<sup>th</sup>:Rome Civitavecchia/Cruise on the Costa Romantica**

Morning departure to Civitavecchia, the port of Rome, where we board the **Costa Romantica** for our **Mediterranean Cruise**. Upon embarkation, we will be shown to our cabins. While on board, all meals are included. Our ship departs at 5:00 PM.

**Tue, July 28<sup>th</sup>:Catania, Italy**

**Arrival in Catania 1:00 PM Departure 7:00 PM Optional Excursions will be offered**

"Touched by the sea, kissed by the sun, blessed by the gods". A Greek historian wrote the first unplanned advertising for the city and its coast, in one of the first descriptions found in history. Mount Etna is particularly feared and in some way the real master of the city and surrounding valleys. Over three thousand meters high, it is the highest active European volcano.

Presently **Catania** is an extremely busy city, geared to the industry and commerce of agricultural products and tourism. History places its foundation, in approximately the 8<sup>th</sup> century BC by Naxos Calcides who for over five hundred years exploited the land and the strategically successful position for commerce. A series of reigns followed with particular characteristics. Their nature was of commercial exploitation and not military.

**Wed, July 29<sup>th</sup>: At Sea**

Enjoy a quiet day at sea. There will be many activities on board to entertain you.

**Thu, July 30<sup>th</sup>: Izmir (Ehpesus), Turkey**

**Arrival in Izmir 9:00 AM Departure 7:00 PM Optional Excursions will be offered.**

One of the highlights of this port is the home of the Virgin Mary. Mary lived here with St. John for 46 years.

Capital of a province, with nearly three million inhabitants, Smirne (**Izmir** in Turkish) is Turkey's second city, after Istanbul, thanks to its busy port and to the intense industrial activity which, from traditional fields tied to agriculture, has expanded to include shipbuilding, mechanical and chemical plants for oil refinery.

Located within a beautiful bay, surrounded by lovely hills, the town has changed in the course of recent years, into a modern metropolis with an established urbanistic structure and new residential area.

Archaeological diggings have indicated that Izmir was probably first inhabited in the third millennium BC. In the 10<sup>th</sup> century BC farmers from the island of Lesbos took up residence in Izmir. Occupied by the Ioni toward the end of the 9<sup>th</sup> century BC, Izmir experienced a long spell

of economical and cultural development, followed by domination from many local dictators, until it was conquered by Alessandro Magno (334 BC).

Starting in 27B.C., following Roman rule, Izmir experienced a new period of prosperity which was enriched by sumptuous monuments, however, few traces remain. Destroyed by a violent earthquake in 178 it was then rebuilt under the command of Marco Aurelio. After becoming an important Bishop Seat during the Costantino era, Izmir began a slow decline due to Arabic incursions.

**Fri, July 31<sup>st</sup>: Santorini and Myknoos, Greece**

Arrival in Santorini 7:00 AM Departure 1:00 PM optional Excursions will be offered

Sail to Mykonos

Arrival in Mykonos 6:00 PM Departure 11:00 PM optional Excursions will be offered

One of the Cyclades islands, **Santorini** is a spectacular jewel of the Aegean. Born out of a volcanic eruption in approximately 1500BC, which formed the two islands of Aspronissi and Terrasia, Santorini is a magnificent mixture of dramatic cliff side villages, glorious black sand beaches and ancient treasures. Steep cliffs plunging into a crystalline sea distinguish the west coast, while the east coast is gentler, featuring a fertile plain and delicate bays, with the Profitis Ilias mountains in the background.

Archaeological investigations have shown that the 69 kilometers of coastline of Santorini was probably inhabited in prehistoric times, while the first chronicled civilization to live on the island were the Phoenicians. Through the centuries the island continued to fall under different rulers, including the Spartans, Athenians, Byzantines and Turks.

The island of **Mykonos** is one of the most picturesque islands of the Cyclades archipelago, situated between Tinos and Naxos, the picture-postcard main town of Mykonos is a maze of narrow streets lined with pretty white-washed houses and shops. Nearby are several splendid beaches.

The history of civilization on Mykonos is not well chronicled, although the generally accepted view is that the island was first colonized by the Ionians and later developed by the Athenians. There followed a relatively prosperous period under Ptolemy and again under the Romans. Little knowledge exists of the island's fate during the Byzantine era and the next major landmark appears in 1537 when Mykonos was under Turkish rule.

**Sat, Aug 1<sup>st</sup>: Piraeus (Athens) Greece**

Arrival in Piraeus 8:00 AM Departure 1:00 PM Optional Excursions will be offered

The cradle of Greek civilization, **Athens** today is a bustling, frenetic, modern city with six million inhabitants, one third of the total population of Greece. The port of Athens, **Piraeus**, is very much an integral part of the city.

Although Athens is a huge, sprawling city, much of its political, historical and administrative life is concentrated in a small area including Syntagma (Constitution) Square, the Acropolis and Omonia Square.

According to Greek mythology, the establishment of Athens was the result of a dispute between the goddess of wisdom Athena and her fellow gods, under which the city was given as a peace offering. In historical terms, the city was founded by the Phoenicians at least 2,000 years before Christ. The founding fathers of democracy, Athenians had to go into battle many times to defend their freedom and built up a mighty military strength.

Sun, Aug 2<sup>nd</sup>: At Sea.

Enjoy a quiet day at sea. There will be many activities on board to entertain you.

Mon, Aug 3<sup>rd</sup>: Civitavecchia/Rome - Arrival in Civitavecchia 8:00 AM

Upon arrival in Civitavecchia we are met by our guide and transferred to **Rome**. **An Optional Tour of the Catacombs will be offered in the afternoon.**

### Optional Tour of the Catacombs

As you leave Rome, half a mile from St. Sebastian Gate, you reach the "Quo Vadis?" Church, then the Pretextatus and St. Sebastian Catacombs and, farther on, the tomb of Cecilia Metella. In the middle of this archaeological area, within the Appian Way, the Ardeatina and the Vicolo delle Sette Chiese (the Lane of the Seven Churches) there extends the "Callixtian Complex", a large area of nearly 90 acres of land, half of which are occupied by catacombs. The galleries, sometimes in four levels, are 12 miles long. The tombs are numerous, perhaps half a million. This complex developed from different nuclei over the centuries. Some have been even joined to one another. They are: the Cemetery of St. Callixtus, the Crypts of Lucina, the Cemetery of St. Soter, the Cemetery of St. Mark, Marcellianus and Damasus and lastly the Cemetery of Balbina. Of these, the ones that concern us most are, the Crypts of Lucina and the Catacombs of St. Callixtus, which formed a single cemetery from the second half of the 4th century.

The Catacombs of St. Callixtus are the most important and imposing of the about sixty catacombs of Rome. They may be considered as *"the cradle of Christianity and the Archives of the primitive Church"*, because they illustrate the usage and customs of the early Christians, the "Credo" they professed and the history of martyrdom. **Price to be determined!**

Tue, Aug 4<sup>th</sup>: Rome/USA

Morning departure to Rome airport for our return flight to Rome. (B)

**Inside I2 Cabins:** \$ 3,675.00 per person Double  
3,625.00 per person Triple  
2,875.00 Child over 2 but less than 12 years old with 2 adults

**These rates do not include Excursions on the Cruise**

**Outside E2 & E4 Cabins:** \$ 3,975.00 per person Double  
3,850.00 per person Triple  
2,975.00 Child over 2 with but less than 12 years old with 2 adults

**These rates do not include Excursions on the Cruise**

**Children under 2 years old pay Taxes and Fees only approximately \$ 500.00 air and taxes and fees \$ 300.00 approximately for cruise**

**If you would like to use Master Card, Visa or American Express Card you will be charged 2 ¾% for the charge.**

Tour No. ITA0722		
Name (as it appears on your passport):		
Address:		
City:	State:	Zip:
Telephone:	Email address:	
Will your room be a: ( ) single (limited) ( ) double ( ) triple		

Name of Roommate:	
Are you a US citizen? ( ) Yes ( ) No	
<p>Please indicate which cabin you prefer:</p> <p>I2 Inside Cabin _____ E2 Outside Cabin _____ E4 Outside Cabin</p> <hr/> <p style="text-align: center;">Please return this form with your check to:</p> <p style="text-align: center;">LITTLE FLOWER TOURS &amp; TRAVEL, LTD. 145 Fieldstone Road, Staten Island, New York 10314 ☎ 718-761-1251 or outside NY call 888-843-7373 Website: www.littleflowertours.com Email: susan@littleflowertours.com A \$1,000.00 DEPOSIT IS DUE AT TIME OF BOOKING <b>FINAL PAYMENT IS DUE April 11, 2009</b> If you would like to use Master Card, Visa or an American Express Card you will be charged 2 ¾% for the charge.</p>	
<p><b>TERMS AND CONDITIONS: Cancellation made by passengers.</b> Of the \$1,000.00 deposit, \$300.00 is non-refundable in case of cancellation. 70 days to 46 days a \$1,000.00 penalty is imposed. 45 days to 16 days a \$1,000.00 penalty PLUS any penalty imposed by the airlines and hotels. 15 days or less may result in loss of entire cost, depending on what we can recover. Once travel has commenced, no refunds for unused portions can be made. <b>TRAVEL INSURANCE IS AVAILABLE AND ADVISABLE</b> If you have a pre-existing condition, it is important that you take Travel Insurance within 10 days of booking.</p>	
Signature:	Date:

If you would like to use a Credit Card, you will be charged 2 ¾% for the charge.

Credit card ( ) MasterCard ( ) Visa ( ) American Express	
Account #:	Expiration date:
Name (as it appears on your card)	
Billing Address:	
Amount to be charged: \$	
Signature:	Date:

**“EVERYONE MUST FILL OUT THIS FORM AND SIGN IT BELOW.”** If you are NOT taking the Travel Insurance you must still fill out the Insurance form below and indicate NO in the premium box and return it with your reservation form.

Please note that insurance is strongly recommended but is optional. If you want to receive a waiver for pre-existing conditions, your premium must be received by Little Flower Tours within 14 days of your initial trip deposit/payment, provided you are not disabled from travel at the time of your premium payment. Insurance payments are non-refundable.

**Tour Number                      Tour Name    Premium**

**ITA0722                      14 Day Tour & Cruise                      Adult \$ 225.00  
Child \$ 168.00**

<b>Insurance Form</b>		<b>Tour Number ITA0722</b>	
<b>Name</b>			
<b>Address:</b>			
<b>City:</b>		<b>State:</b>	<b>Zip:</b>
<b>Telephone:</b>		<b>Are you a US citizen? ( ) Yes ( ) No</b>	
<b>Additional Family Names</b>			
<b>I will take the Insurance ( ) Yes ( ) No</b>			
<b>Premium \$ 225.00 Adult per person \$ 168.00 Child per person</b>			
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<b>If you want to receive a waiver for a pre-existing condition, your premium must be received by Little Flower Tours within 10 days of your initial trip deposit</b>			
<b>Signature</b>		<b>Date</b>	