

11 Day Journey to Denmark, Sweden,
Estonia, Russia & Germany
Cruise on the Costa Atlantica



Costa is Europe's #1 Cruise Line
July 29th – August 8, 2010

YOUR TOUR INCLUDES:

- Roundtrip Air from New York
- Round Trip Transfers from/to Copenhagen Airport
- 2 nights 1st Class Hotel in Copenhagen
- 7 nights on the *Costa Atlantica*
- Breakfast, Lunch and Dinner Daily on your Cruise
- All Entertainment onboard your Cruise Ship
- All taxes
- Daily Mass

PRICE: \$ 3,299.00 per person Double in an Inside Cabin
 \$ 3,199.00 per person Triple in an Inside Cabin

 \$ 3,599.00 per person Double in an Outside Cabin
 \$ 3,399.00 per person Triple in an Outside Cabin

 \$ 3,759.00 per person Double in a Balcony Cabin
 \$ 3,499.00 per person Triple in a Balcony Cabin

*Please call for Single Rates

**Fuel Surcharges may be imposed at the discretion of the airline or cruise ship line

ITINERARY:

Thu, July 29th: Newark/Copenhagen

Fri, July 30th: Copenhagen - Morning arrival in **Copenhagen** and transfer to your hotel. Remainder of the day is free to enjoy Copenhagen on your own. Perhaps visit the city's most famous sight on the waterfront – the statue of the Little Mermaid, a tribute to the city's most famous son, Hans Christian Andersen. Another renowned sight is the Tivoli Gardens amusement park, which is more than 150 years old. The park is close to the city centre and is a good place to join in the fun on the numerous rides available.

Sat, July 31st: Copenhagen

Today we transfer to the pier to board the **Costa Atlantica**. **Costa Cruises was named the #1 Cruise Line in Europe.**



Copenhagen, the capital of Denmark, is the country's biggest city with some five million inhabitants, taking its suburban population into account. Its position on the Baltic Sea has generated substantial maritime activities including shipyards, fishing and commerce. Its port is today one of the busiest in

northern Europe.

Along with Denmark's combative Viking past, the country for many centuries underwent periods of great turbulence and military activity, particularly during the Reformation and Napoleonic Wars. Relations between the Danes and its northern neighbors were particularly bad, until the daughter of King Valdemar IV, Margarete, married Hakon VI, the king of Norway and Sweden, resulting in the treaty of Kalmar, which unified the three countries. However, unity did not bring peace. The three countries each became involved in religious struggles, which characterized Lutheran reform. During this period Copenhagen, (formerly called Havn, meaning port) also became the cultural capital of the country and in the first half of the 17th Century several elegant buildings were built. But disaster struck when the plague and two great fires decimated Copenhagen, killing three quarters of its inhabitants. Reconstruction was gradual but faithful to the city's traditions, producing a city that was, in the words of a Danish poet, 'sparkling on the sea'. During the two World Wars, Copenhagen remained neutral, a strategy which placed Denmark in a good position post-war, ready to meet the challenges of the European Union. Modern-day Denmark is one of Europe's most liberal countries and Copenhagen is one of its most cosmopolitan and lively cities. A variety of parks, fountains and city squares add to the pleasant, relaxed atmosphere. **We depart to Stockholm at 7:00 PM**

Sun, Aug 1st:....cruising...

Mon, Aug 2nd: [Stockholm, Sweden](#)

Arrival in [Stockholm](#) at 8:00 AM. **Optional Excursions will be offered.**



The first human presence in Sweden dates back to 3000BC, when settlers following the retreating ice-floes to the north arrived on the coastline near **Stockholm**.

The writings of Tacitus, the first clearly to mention the Swedes, described them as: "a population on the northern coasts, devoted to farming, fishing and raising cattle." The Vikings, who originated in Norway, did not make their presence felt until some 4,000 years later. These legendary sailors then went on to reach the coastline of distant lands including England, Iceland, Greenland and perhaps even North America. They also sailed east towards Russia.

Stockholm's roots go back to the arrival of Christian missionaries after 1000AD. This was followed by a period of rapid development, including the building of many churches. The city grew steadily until it became the capital of Sweden in the middle of the 17th Century. The next 200 years saw the city become rich in beautiful buildings and consolidate its position as the cultural, political and administrative centre of the country. Of Sweden's nine million inhabitants, one million live in Stockholm. **We depart to Tallinn at 5:00 PM**

Tue, Aug 3rd: [Tallinn, Estonia](#)

Arrival in [Tallin](#) at 9:00 AM. **Optional Excursions will be offered.**



The capital city of Estonia, **Tallinn**, comprises a medieval section situated near the port and the more modern, hillside district. The first major power to have an interest in this stretch of coast facing the Baltic Sea were the Danes who developed considerable commerce in the area. In the 15th Century, **Tallinn** became the target of Swedish ambitions, followed by the Germans and later the Russians. However, the

sense of national identity has always been strong in Estonia, which led first to conflict with the Romanov Tsars, then the Soviet central government, before the country was finally granted independence in 1991.

Tallinn, the cultural and political heart of Estonia and once known as Reval, is renowned for its art galleries and open-air theatres, and each summer hosts a world-famous music festival. Sailing is one of the favorite activities of the residents of **Tallinn**, which hosted the sailing events of the 1980 Moscow Olympic Games. So-called 'white nights' when the sun never sets are a particular feature of the city, comparable to those of St Petersburg.

Estonia is known for beautiful embroidered cloths, carpets and multicolored tapestries. Other local specialties include leatherwear and ornate jewelry including silver, topaz and ruby. **We depart to St. Petersburg at 6:00 PM**

Wed, Aug 4th: **St. Petersburg, Russia**

Arrival in **St. Petersburg** at 7:00 AM. **Optional Excursions will be offered.**



Beautiful **St Petersburg** is Russia's second city, with five million inhabitants. At various times it has been called St Petersburg, Petrograd, Leningrad and St Petersburg once again. It was founded by Tsar Peter the Great in the early 18th Century, as the capital of Imperial Russia, in rivalry with Sweden for its control.

It was built in the delta of the River Njeva, which has brought both great wealth and great tragedy to the city. The reign of Catherine the Great brought a period of great influence and prosperity for Russia's 'Window on the West'. The 19th Century saw growing social unrest and an invasion by Napoleon, repelled by Alexander I. During the reign of the last Romanov Tsar, Nicholas II, St Petersburg became a hotbed of revolutionary fervor. During the January 1905 Revolution, hundreds of strikers were massacred by the Imperial army in front of the Winter Palace. The city was again a focus of bloodshed and street battles during the October Revolution in 1917. After Lenin and the Bolsheviks seized power, the capital of Russia was moved to Moscow, St Petersburg - by now renamed Petrograd - remaining a symbol of the Tsarist era. When the Nazis invaded Russia, the city - by now called Leningrad - resisted German attacks for three years, with the loss of some one million citizens. Reconstruction of the devastated city after World War II led to massive industrialization. **We depart to Warnemunde, Germany at 7:00 PM**

Thu, Aug 5th: ...cruising

Fri, Aug 6th: **Warnemünde, Germany**

Arrival in **Warnemunde**, Germany at 7:00 AM **Optional Excursions will be offered.**

Warnemünde is a charming port on the Baltic Sea. Originally a fishing village, Warnemünde is now a bustling port, home to shipping, shipbuilding and fishing. In addition to being a cruise destination, the town is also a popular vacation spot for Germans. **We depart to Copenhagen at 8:00 PM**

Sat, Aug 7th: **Copenhagen 9:00 AM** **Optional Excursions will be offered.**

Morning arrival in Copenhagen and transfer to your hotel. Remainder of the day is free to enjoy Copenhagen on your own.

Sun, Aug 8th: **Copenhagen/USA**

Morning departure to Copenhagen airport for our return flight to the USA.

Reservation Form

Tour No. COP0729		
Name (as it appears on your passport):		
Address:		
City:	State:	Zip:
Telephone:	Email address:	
Will your room be a: () single (limited) () double () triple		
Name of Roommate:		
Cabin Category: Inside _____ Outside _____ Balcony_____		
Are you a US citizen? () Yes () No		
Date of Birth		
Passport No.	Issue Date	Expiration Date
Please return this form with your check to: LITTLE FLOWER TOURS & TRAVEL, LTD. 145 Fieldstone Road, Staten Island, New York 10314 ☎ 718-761-1251 or outside NY call 888-843-7373 A \$700.00 DEPOSIT IS DUE AT TIME OF BOOKING FINAL PAYMENT IS DUE April 19, 2010		
TERMS AND CONDITIONS: Cancellation made by passengers. Of the \$700.00 deposit, \$300.00 is non-refundable in case of cancellation. 89 days to 45 days prior to sailing: Full Deposit - \$700.00 44 days to 30 days prior to sailing: 50% of total package 30 days to 15 days prior to sailing: 50% plus total air fare and hotels 14 days or less prior to sailing: 100% of total package TRAVEL INSURANCE IS AVAILABLE AND ADVISABLE If you have a pre-existing condition, it is important that you take Travel Insurance within 10 days of booking.		
Signature:	Date:	

If you would like to use a Credit Card, you will be charged 2 ¾% for the charge.

Credit card () MasterCard () Visa () American Express	
Account #:	Expiration date:
Name (as it appears on your card)	
Billing Address:	
Amount to be charged: \$	
Signature:	Date:

“EVERYONE MUST FILL OUT THIS FORM AND SIGN IT BELOW” If you are **NOT** taking the Travel Insurance you must still fill out the Insurance form below and indicate **NO** in the premium box and return it with your reservation form.

Please note that insurance is strongly recommended but is optional. If you want to receive a waiver for pre-existing conditions, your premium must be received by Little Flower Tours within 14 days of your initial trip deposit/payment, provided you are not disabled from travel at the time of your premium payment. Insurance payments are non-refundable.

Tour Number	Tour Name	Premium
COP0729	11 Day Northern Europe Cruise	\$ 205.00

Insurance Form	Tour Number COP0729
Name	
Address:	
City:	State: Zip:
Telephone:	Are you a US citizen? () Yes () No
Additional Family Names	
I will take the Insurance () Yes () No	
Premium \$ 205.00 per person	
<p>Please make your Insurance Premium check payable to: LITTLE FLOWER TOURS & TRAVEL, LTD. 145 Fieldstone Road, Staten Island, New York 10314 ☎ 718-761-1251 or outside NY call 888-843-7373</p> <p>If you want to receive a waiver for a pre-existing condition, your premium must be received by Little Flower Tours within 14 days of your initial trip deposit</p>	
Signature	Date

Schedule of Insurance Coverage

Type of Coverage	Maximum Benefit Amount
Pre-Departure Trip Cancellation	Up To Trip Cost
Post-Departure Trip Interruption	150% of Trip Cost
Travel Delay	(Up to \$150 Per Day) \$750
Accidental Death & Dismemberment	
Air Flight Only	\$ 50,000
Any Other Circumstance	\$ 25,000
Baggage & Personal Effects	\$ 2,500
Baggage Delay	\$ 250
Medical Expense/Emergency Assistance	
Accident and Sickness Medical Expenses	\$ 50,000
Emergency Evacuation and Repatriation	\$250,000

THIS IS A BRIEF DESCRIPTION OF THE PLAN. FOR FURTHER INFORMATION ASK FOR THE TRAVEL INSURANCE CERTIFICATE WHICH FULLY DETAILS THE COVERAGES, PROVISIONS, LIMITATIONS AND EXCLUSIONS OF THE INSURANCE OFFERED AND IS AVAILABLE TO YOU, UPON REQUEST, AT ANY TIME PRIOR TO YOUR PURCHASE OF THE PLAN.

Conditions and Limitations

Certain exclusions and limitations apply and are detailed in the Travel Insurance Certificate which will be included with your travel documents and is also available to you, upon request, at any time prior to your purchase of the plan. For example, coverage does not apply to any sickness or condition that existed during the 60 days prior to the effective date of the coverage (this exclusion is waived if your premium is received within 14 days of your initial deposit/payment for your trip and you are not disabled from travel at the time you pay your premium), suicide, normal pregnancy, war or any act of war, mental or nervous disorders. Other Covered Events, as defined, includes the following events or their consequences:

1) Post-Departure Trip Interruption due to cancellation of arrangements by an airline due to strike, mechanical breakdown of the aircraft on which you are scheduled to travel or bad weather (Maximum of \$100 per day/\$500 total) or 2) cancellation or interruption of your trip due to: a documented traffic accident while en route to departure; jury duty; destruction of your residence by a natural disaster; or a documented theft of passports or visas; or a Terrorist Act which occurs in your departure city or in a city which is a scheduled destination for your Trip provided the Terrorist Act occurs within 30 days of the Scheduled Departure Date for your Trip; and your premium is received within 14 days of the initial deposit/payment for your Trip. Sickness or Injury must require examination and treatment by a Physician and must commence while insurance is in force for you. This plan does not cover a loss that results from an illness, disease, or other condition (of you, an Immediate Family Member, Traveling Companion or Business Partner), event or circumstance which occurs at a time when this plan is not in effect for you.

Designed by Travelex Insurance Services, Inc.

This plan is underwritten by:

Stonebridge Casualty Insurance Company, Columbus, OH.

Travelex 360 ° Claims Administered by:

Trip Mate, P.O. Box 481127, Kansas City, MO 64148-1127**

1-800-965-8859 **(In CA, dba Trip Mate Insurance Agency).

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Deluxe Plan 750D